

ATOMIC ALLSTARS

2026

INFORMATION PACK



ELITE CHEER & DANCE ACADEMY
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0488 424 259
ABN: 19 162 017 601

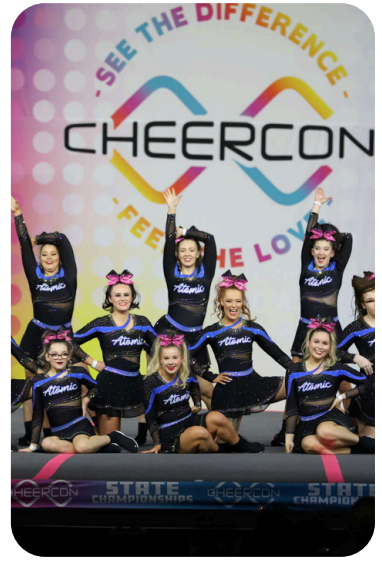
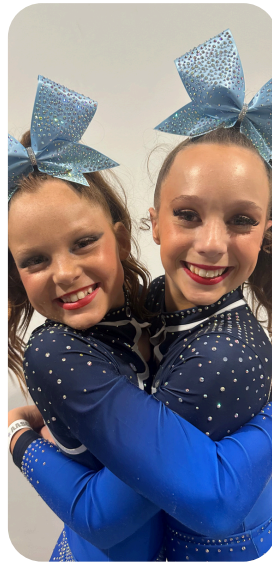
OUR CORE VALUES

POSITIVITY

At Atomic, positivity is a foundational value that we actively cultivate in everything we do. We encourage an optimistic mindset, where challenges are seen as opportunities for growth and setbacks become stepping stones to success. Our athletes support one another through both triumphs and difficulties, and uplift each other. By fostering an environment of encouragement and empowerment, we help individuals feel confident, capable, and inspired to give their best. This positive atmosphere not only enhances performance but also promotes a sense of well-being and fosters success for the entire community.

EXCELLENCE

At Atomic, we strive for excellence because it fuels teamwork, personal growth, and skill development. It pushes each member to reach their full potential, builds trust within the team, and ensures we perform with precision and energy. This commitment unites us, driving continuous improvement both on and off the mat.



COMMITMENT AND DETERMINATION

At Atomic, commitment is central to our culture, creating an environment where athletes dedicate themselves to their goals and support one another through challenges. Our members stay focused, persevere, and prioritize the team's success, demonstrating loyalty by showing up for each other and making decisions that benefit the whole group. This commitment fosters trust, personal growth, and a strong sense of responsibility, helping athletes achieve long-term success together while building a supportive, thriving community.

INCLUSIVITY

At Atomic, we celebrate inclusivity because it fosters teamwork by ensuring that every individual feels valued and respected. When each team member's unique strengths and perspectives are embraced, it encourages open communication, trust, and collaboration. Inclusivity allows for diverse ideas to be shared and creative solutions to emerge, helping the team work together more effectively. By creating an environment where everyone belongs, we strengthen our unity, boost morale, and enhance our collective performance both on and off the mat.

CHEER PROGRAMS & TIERS EXPLAINED

TIER 1

BABY SENSORY/KINDER CHEER

Our Baby Sensory/Kinder Cheer classes are a part of our **Recreational** program. This type of class is perfect for babies and young children who want a fun class which focuses on muscle development and body control/awareness.

- Ages 6 months–4 years old
- Parent supported classes
- 30–45 minute sessions per week
- Low cost
- Low commitment



TIER 1

PERFORMANCE CHEER

Our Performance Cheer teams are part of our **Recreational** non-competitive program. This type of team is perfect for beginner cheerleaders who want to have fun learning all aspects of cheerleading and preparing a routine each semester to perform at our club showcases.

- Ages 4–6 years old or Ages 7–12 years old
- 1 x 1 hour session per week
- Low cost
- Low commitment
- No competitions
- Performs at 2 Atomic club showcases
- Wears Atomic club t-shirt and club bow for performances



TIER 2

CHEERSPORT

Our CheerSport teams are part of our **Semi Competitive** program. This type of team is perfect for cheerleaders who want an introduction to competitions.

- Low cost
- Attendance policy
- 1 x training per week
(1 – 1.5hrs depending on age and level)
- Performs at 2 Atomic club showcases
- Attends 2 competitions per year
- Wears Atomic cheersport uniform for performances
- All competitions in Melbourne



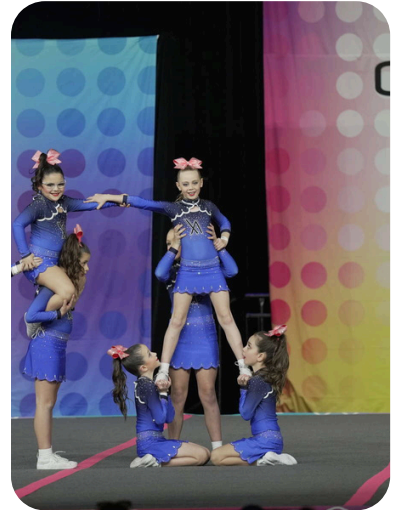
CHEER PROGRAMS & TIERS EXPLAINED

TIER 3

CHEERSPORT+

As part of our **Semi Competitive Program** our cheersport+ teams are perfect for cheerleaders that are ready to take the next step in competitive cheerleading.

- Strict attendance policy
- 1 x trainings per week (2.5hrs per week)
- Performs at 2 Atomic club showcases
- Attends 3 competitions per year
- Wears Atomic cheersport uniform for all performances

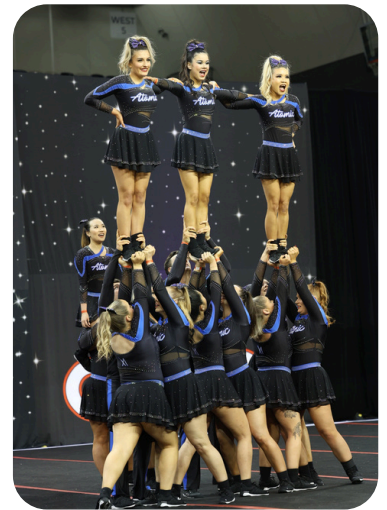


TIER 4

ALLSTAR NOVICE to LEVEL 5

As part of our **Elite Competitive Program** our Allstar Novice, Levels 1-5 teams are perfect for experienced cheerleaders who are ready to push themselves to be the best they can be.

- Strict attendance policy
- 2-3 x trainings per week (4- 6.5 hrs depending on age and level)
- Performs at 2 Atomic club showcases
- Attends 6 competitions per year
- Wears Atomic uniform for all performances

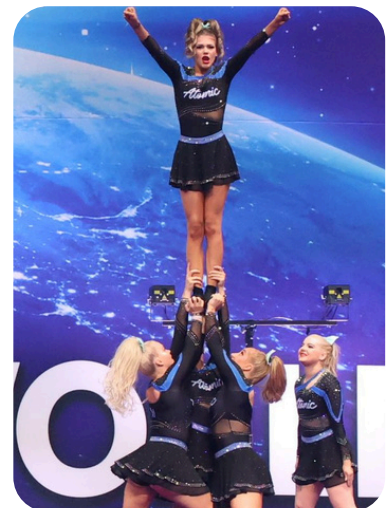


TIER 5

ELITE + TEAMS

As part of our **Elite Competitive program** our select **ELITE+ teams** will train 3x per week, accelerating development as a team. They will compete throughout the season in both levels.

- 2 x training per week focused on their main competing level.
- 1x training per week on skill development of the next level above.
- Strict attendance policy
- Performs at 2 Atomic club showcases
- Attends 7 competitions per year including 3 performances in the level above
- Wears Atomic uniform for all performances



OUR FACILITIES



Our facilities include:

- 2 X 9-run sprung competition floor
- 5-run matted floor
- 8-run sprung Marley Dance Floor with mirrors
- 14m x 6m Sprung tumbling area
- 10m Acromat Tumble Trampoline
- Crash mats, shapes & other equipment to support skill development



LEVEL EXPECTATIONS



TUMBLING REQUIREMENTS

The level you are placed in is based on the tumbling skills you have mastered. To be considered eligible for a level you must be able to consistently perform the skills of that level with correct technique to continuous eight counts.

BUILDING REQUIREMENTS

To be eligible to be placed in a level you must have mastered the elite stunting skills from the level before and our coaching staff deem you technically ready to begin training stunts in the level above.

FLYER REQUIREMENTS

All flyers are expected to be able to confidently and with the correct technique perform the following body positions: heel stretch, Y, scale and scorpion.

RECREATIONAL/CHEERSPORT

Perfect for beginners or those with limited cheerleading experience. We will teach you everything you need to know.

There are NO REQUIREMENTS to join a recreational or semi competitive CheerSport team. Everyone makes a team!

NOVICE

TUMBLING

- backward roll, cartwheel forward roll, fall into bridge and/or kick over

BUILDING

- prep, extension teddy, single based mid hold, braced single leg

LEVEL 1

TUMBLING

- round off (RO), front walkover (FWO), back walkover (BWO)

BUILDING

- quarter up to prep, body position to body position tic toc, quarter up to single leg stunt with bracer

LEVEL 2

TUMBLING

- back handspring (BHS), BWO BHS, RO BHS, RO multiple BHS, FWO RO BHS

BUILDING

- half up to extension, half twisting tic toc, inversion to single leg, inversion to extension

LEVEL 3

TUMBLING

- Standing multiple BHS, Jump BHS, RO tuck, RO BHS tuck, Aerial

BUILDING

- full up and switch up to body position, Half up to extended single leg, inversion to extended single leg

LEVEL 4

TUMBLING

- BHS to tuck, standing tuck, RO layout, RO BHS layout, RO whip to layout

BUILDING

- full up to extended single leg, full twisting switch to prep BP, released inversion to extension, high to low tic toc BP to BP

LEVEL 5/6

TUMBLING

- Jump tuck, BHS to layout, RO full, RO BHS full

BUILDING

- full up switch up to extended single leg, released inversion to extended single leg, 1 and a half up to extension lib/body position

DANCE STYLES

POM

Pom is a high-energy form of dance that incorporates the use of pom-poms—small, colorful handheld props. Dancers use the pom to accentuate movements, create visual effects, and add rhythm to routines, often set to upbeat music. It combines elements of a range of styles, with synchronised choreography and sharp, precise movements.



HIP HOP

Hip hop dance blends a variety of street-style elements. It incorporates moves like popping, locking, breaking, whacking, tutting, and freestyle. The style is dynamic and diverse, from intricate footwork to bold, energetic grooves. Hip hop dance continues to evolve, reflecting the unique creativity and culture of its dancers.



JAZZ

Jazz dance is a dynamic and energetic style known for sharp, strong movements, including jumps, kicks, leaps, and turns. It's often seen in Broadway shows, musicals, music videos, and films. Jazz is athletic, powerful, technical, and expressive, offering benefits like strength, flexibility, coordination, and endurance, along with mental health improvements.



LYRICAL/CONTEMPORARY

Lyrical dance is emotional and expressive, blending ballet, jazz, acro, and contemporary styles. It's technical and controlled, with turns, jumps, and floor work. Using classical ballet and jazz as a foundation, lyrical connects movements to song lyrics, telling a story with grace, fluidity, and strong non-verbal communication. Dancers convey emotion through seamless transitions and expressive facial cues.



WHAT ELSE DO WE OFFER?

SPECIALISED STUNTING CLINICS

Do you want to learn a specific basket, inversion, partner stunt or twisting skill?

These specialised stunting clinics are designed to provide targeted training to athletes across a variety of skills. Open to all, and booked online via the Wix booking system.



SPECIALISED TUMBLING CLINICS

Do you want to learn a specific standing tumble, running tumble pass, or twisting skill? These specialised tumbling clinics are designed to provide targeted training to athletes across a variety of skills ALL YEAR ROUND. Open to all, and booked online via the Wix booking system.



SCHOOL HOLIDAY PROGRAMS

Keep learning and active during the school holiday break with our Atomic School Holiday Program! Our fun, action-packed days are designed to provide athletes with the opportunity to experience all things cheerleading in a supportive and fun environment.



DANCE SPOTLIGHT

Join us for high-energy, once off classes focused on specific techniques and genres, including Hip Hop, Pom, and Heels. These single sessions are perfect for athletes looking to try a new discipline, master detailed choreography, or just have a fun. Classes are open to all levels and instructed by specialised coaches. Book your place online via the Wix booking system!



CHEER TIER 1 PERFORMANCE

COMMITMENT

- 1 x training per week
- Total 1 hour of training

KEY EVENTS

- BLUE DEBUT SHOWCASE: Saturday 20th June (evening show)
- SHOWCASE: Sunday 22nd November

UNIFORM

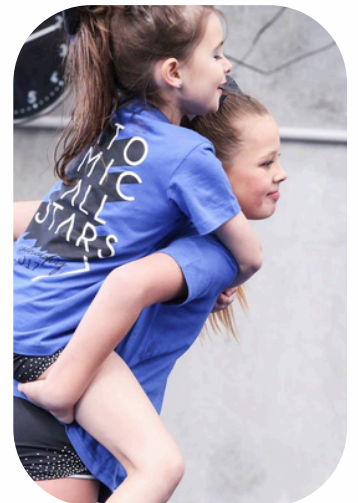
- Atomic 2026 club t-shirt (included upon enrolment)
- Atomic Club Shorts OR Black bike shorts sourced by you (must be plain black)
- White sneakers (sourced by you)

2026 FEES

- \$99 Club Membership: 2026 Club T-shirt, Bow/Scrunchie and Personal Accident Insurance cover for the 2026 season

CLASS FEES

- \$400 per semester paid upfront at start of each semester



TEAMS OFFERED IN 2026



SNOWFLAKES

4-6 years old



COMETS

8-15 years old

CHEER TIER 2

CHEERSPORT

COMMITMENT

- 1 x training per week
- Total 1-1.5 hours of training

PROJECTED KEY EVENTS*

- BLUE DEBUT SHOWCASE: Saturday 20th June (evening show)
- Competition 1: 14-16th (CHEERCON STATES)
- Competition 2: 7-8th November (AUSSIE GOLD STATES)
- SHOWCASE: Sunday 22nd November
- 2026 Awards Gala: Friday 11th December 2026

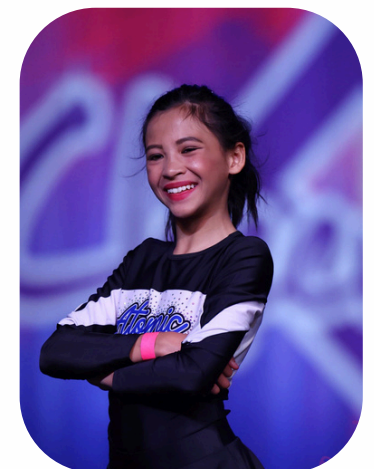
*Subject to change if required

UNIFORM

- **EXISTING** Atomic 2023-2026 Cheersport Uniform
- White sneakers to wear for performances (sourced by you)
- 2026 Club scrunchie/bow
- Optional: Atomic practice wear (crop & shorts)

2026 FEES

- Please see 'Tuition & fees' page



TEAMS OFFERED IN 2026



SPRINKLES

5-6 years old



SPARKLES

7-9 years old



STARLETS

10-15 years old



TIER 2 TUITION & FEES



2026 ENROLMENT

\$99 Club Membership: 2026 Club T-shirt, Bow/Scrunchie & Personal Accident Insurance cover for the 2026 season

CHEER WEEKLY TUITION COST

TEAM NAME (TEAM TYPE)	TRAINING HOURS	YEARLY COST PAID PER WEEK
SPRINKLES/SPARKLES (CHEERSPORT)	1 HOUR	\$26 per week
STARLETS (CHEERSPORT)	1.5 HOUR	\$34 per week
ADD A TUMBLE CLASS	ADDITION 1 HOUR	\$12 per week
SEMI COMP CROSSOVER (2 nd TEAM)	ADDITION 1.5 HOURS	\$20 per week

Class tuition is a yearly cost paid via recurring weekly direct debit payments, in advance. Payments run for 46 consecutive weeks, including school holidays. The first payment will be processed on Monday 26th January. Please note that these payments represent equal portions of the total annual tuition fee rather than payment for classes delivered within each individual week during term. Classes missed due to competition, public holidays or other reasons may or may not have makeup classes scheduled, this is at the discretion of management on a class by class basis.

TIER 2 CHEERSPORT

ADDITIONAL COSTS

APPAREL & SHOES

- 2023-2026 Atomic Cheersport uniform - \$190
- 2026 club scrunchie/bow (provided upon enrolment)
- White sneakers for competition (sourced by you)
- Atomic Practice Wear (Crop & Shorts): \$118 (optional)

BASE COMPETITION PACK

(Includes: comp entry for one team & professional team photo)

- Crossover comp fees additional cost TBA per athlete pending total # teams
- Installment one: \$135 due 1st March 2026
- Installment two: \$100 due 1st June 2026

MUSIC & CHOREOGRAPHY

- \$50 per athlete



TIER 3 CHEERSPORT +

COMMITMENT

- 1 x training per week
- Total of 2.5 hours of training

PROJECTED KEY EVENTS*

- BLUE DEBUT SHOWCASE: Saturday 20th June (evening show)
- Competition 1: 1-2nd August (CHEERBRANDZ SUPER STATES)
- Competition 2: 14-16th (CHEERCON STATES)
- Competition 3: 7-8th November (AUSSIE GOLD STATES)
- SHOWCASE: Sunday 22nd November
- 2026 Awards Gala: Friday 11th December 2026

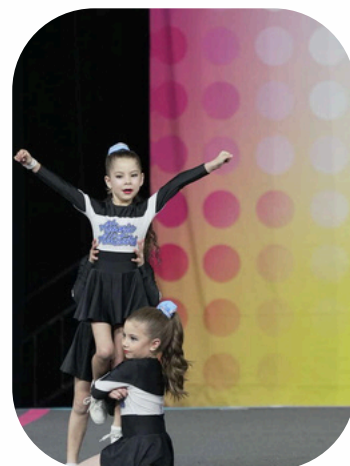
*Subject to change if required

UNIFORM

- **EXISTING** Atomic 2023-2026 Cheersport Uniform
- White Trixstar cheer shoes
- Team bow
- Optional: Atomic practice wear (crop & shorts)

2026 FEES

- Please see 'Tuition & fees' page



TEAMS OFFERED IN 2026



MINI MAGIC

6-9 years old



STARDUST

7-12 years old



TIER 3 TUITION & FEES



2026 ENROLMENT

\$99 Club Membership: 2026 Club T-shirt, Bow/Scrunchie & Personal Accident Insurance cover for the 2026 season

CHEER WEEKLY TUITION COST

TEAM NAME (TEAM TYPE)	TRAINING HOURS	YEARLY COST PAID PER WEEK
MINI MAGIC (SEMI COMP NOVICE)	2.5 HOUR	\$48 per week
STARDUST (SEMI COMP NOVICE)	2.5 HOUR	\$48 per week
SEMI COMP CROSSOVER (2 nd TEAM)	ADDITION 1.5 HOURS	\$20 per week

Class tuition is a yearly cost paid via recurring weekly direct debit payments, in advance. Payments run for 46 consecutive weeks, including school holidays. The first payment will be processed on Monday 26th January. Please note that these payments represent equal portions of the total annual tuition fee rather than payment for classes delivered within each individual week during term. Classes missed due to competition, public holidays or other reasons may or may not have makeup classes scheduled, this is at the discretion of management on a class by class basis.

TIER 3 CHEERSPORT+

ADDITIONAL COSTS

APPAREL & SHOES

- 2023-2026 Atomic Cheersport uniform - \$190
- 2026 club scrunchie/bow (provided upon enrolment)
- White sneakers for competition (sourced by you)
- Atomic Practice Wear (Crop & Shorts): \$118 (optional)

BASE COMPETITION PACK

(Includes: comp entry for one team & professional team photo)

- Crossover comp fees additional cost TBA per athlete pending total # teams
- Installment one: \$200 due 1st March 2026
- Installment two: \$115 due 1st June 2026

MUSIC & CHOREOGRAPHY

- \$75 per athlete



TIER 4

ELITE COMP - JUNIOR

COMMITMENT

- 2 x trainings days per week
- Total of 4-5 hours training per week

PROJECTED KEY EVENTS*

- BLUE DEBUT SHOWCASE: Saturday 20th June (evening show)
- Competition 1: 26-28th June (AASCF WINTERFEST)
- Competition 2: 1-2nd August (CHEERBRANDZ SUPER STATES)
- Competition 3: 14-16th (CHEERCON STATES)
- Competition 4: 18-20th September (AASCF STATES)
- Competition 5: 7-8th November (AUSSIE GOLD STATES)
- SHOWCASE: Sunday 22nd November
- **Competition 6: 25-30th November (AASCF NATIONALS, QLD)
- 2026 Awards Gala: Friday 11th December 2026

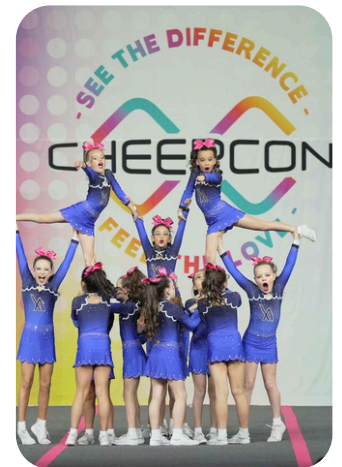
*Subject to change if required

UNIFORM

- **NEW** Atomic 2026-2029 Junior Elite Uniform
- Trixstar cheer shoes
- Team Bow
- Atomic practice wear (crop & shorts)

2026 FEES

- Please see 'Tuition & fees' page



TEAMS OFFERED IN 2026



REIGN

8-15 years old



PLATINUM

8-15 years old

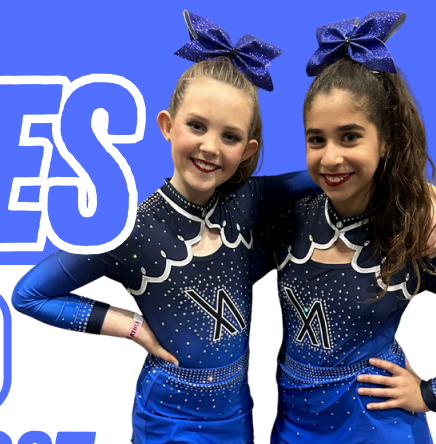


TWINKLES

7-12 years old

** Twinkles team will compete at only 5 competitions per year
and **not travel** to QLD for nationals

TIER 4 TUITION & FEES



2026 ENROLMENT

\$99 Club Membership: 2026 Club T-shirt, Bow/Scrunchie & Personal Accident Insurance cover for the 2026 season

CHEER WEEKLY TUITION COST

TEAM NAME (TEAM TYPE)	TRAINING HOURS	YEARLY COST PAID PER WEEK
REIGN (ELITE)	4 HOURS	\$58 per week
TWINKLES (ELITE)	4 HOURS	\$58 per week
PLATINUM (ELITE)	5 HOURS	\$69 per week
HALO(ELITE) - level 1 ONLY	5 HOURS	\$69 per week
SEMI COMP CROSSOVER (2 nd TEAM)	ADDITION 1.5 HOURS	\$20 per week
ELITE JUNIOR TEAM COMP CROSSOVER (2 nd TEAM)	ADDITION 3 HOURS	\$25 per week
FLYERS CLASS	30 MINUTES	\$10 per week
UNLIMITED JUNIOR CHEER & DANCE	8+ HOURS	\$109 per week

Class tuition is a yearly cost paid via recurring weekly direct debit payments, in advance. Payments run for 46 consecutive weeks, including school holidays. The first payment will be processed on Monday 26th January. Please note that these payments represent equal portions of the total annual tuition fee rather than payment for classes delivered within each individual week during term. Classes missed due to competition, public holidays or other reasons may or may not have makeup classes scheduled, this is at the discretion of management on a class by class basis.

TIER 4 – JUNIOR ELITE

ADDITIONAL COSTS

APPAREL & SHOES

- Atomic Practice Wear (Crop & Shorts): \$118
- **NEW** 2026-2029 Atomic Junior uniform: \$350-450
- Team Bow - \$35
- White trixstar shoes - \$169.95

BASE COMPETITION PACK

(Includes: comp entry for one team, professional team photo & Nationals merch)

- Crossover comp fees additional cost TBA per athlete pending total # teams
- Installment one: \$330 due 1st March 2026
- Installment two: \$340 due 1st June 2026 (OR \$160 for Twinkles only w/ no Nationals)

MUSIC & CHOREOGRAPHY

- \$150 total per athlete

TIER 4

ELITE COMP - OPEN

COMMITMENT

- 2 x trainings days per week
- Total of 3-4 hours training per week

PROJECTED KEY EVENTS*

- BLUE DEBUT SHOWCASE: Saturday 20th June (evening show)
- Competition 1: 26-28th June (AASCF WINTERFEST)
- Competition 2: 1-2nd August (CHEERBRANDZ SUPER STATES)
- Competition 3: 14-16th August (CHEERCON STATES)
- Competition 4: 18-20th September (AASCF STATES)
- Competition 5: 23-25th October (AASCF CLASSIC)
- SHOWCASE: Sunday 22nd November
- Competition 6: 25-30th November (AASCF NATIONALS, QLD)
- 2026 Awards Gala: Friday 11th December 2026

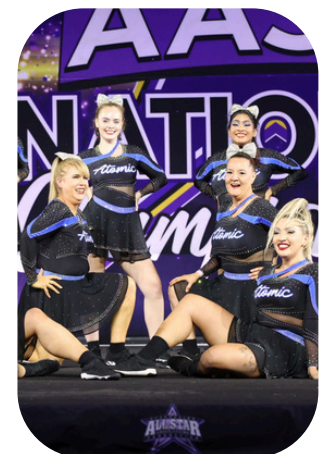
*Subject to change if required

UNIFORM

- **EXISTING** Atomic Open 2023-2026 Uniform
- Trixstar black cheer shoes
- Team Bow
- Atomic practice wear (crop & shorts)

2026 FEES

- Please see 'Tuition & fees' page



TEAMS OFFERED IN 2026



ICONS

18+ years old



TITANIUM

14+ years old



NITRO

14+ years old



ICE QUEENS

15+ years old

TIER 4 TUITION & FEES



2026 ENROLMENT

\$99 Club Membership: 2026 Club T-shirt, Bow/Scrunchie & Personal Accident Insurance cover for the 2026 season

CHEER WEEKLY TUITION COST

TEAM NAME (TEAM TYPE)	TRAINING HOURS	YEARLY COST PAID PER WEEK
ICONS (ELITE)	3 HOUR	\$48 per week
TITANIUM (ELITE)	3.5 HOUR	\$52 per week
NITRO (ELITE)	3.5 HOUR	\$52 per week
ELITE JUNIOR TEAM COMP CROSSOVER (2 nd TEAM)	ADDITION 3 HOURS	\$25 per week
ELITE OPEN TEAM COMP CROSSOVER (2 nd TEAM)	ADDITION 3.5 HOURS	\$25 per week
FLYERS CLASS	30 MINUTES	\$10 per week
NON TUMBLE UNLIMITED CHEER & DANCE	8+ HOURS	\$95 per week

Class tuition is a yearly cost paid via recurring weekly direct debit payments, in advance. Payments run for 46 consecutive weeks, including school holidays. The first payment will be processed on Monday 26th January. Please note that these payments represent equal portions of the total annual tuition fee rather than payment for classes delivered within each individual week during term. Classes missed due to competition, public holidays or other reasons may or may not have makeup classes scheduled, this is at the discretion of management on a class by class basis.

TIER 4 - OPEN ELITE

ADDITIONAL COSTS APPAREL & SHOES

- Atomic Practice Wear (Crop & Shorts): \$118
- **EXISTING** 2023-2026 Atomic uniform - \$485
- Team bow - \$35
- Black trixstar shoes - \$169.95

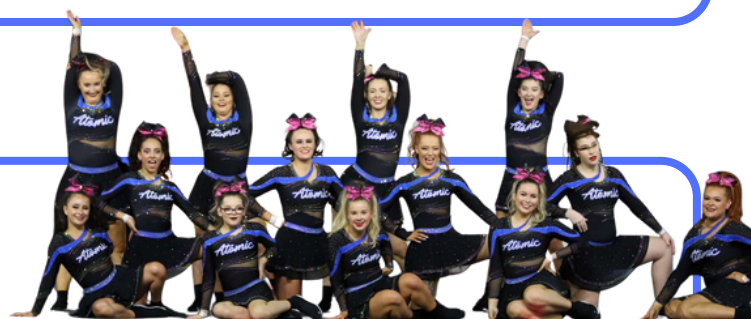
BASE COMPETITION PACK

(Includes: comp entry for one team, professional team photo & Nationals merch)

- Crossover comp fees additional cost TBA per athlete pending total # teams
- Installment one: \$330 due 1st March 2026
- Installment two: \$340 due 1st June 2026

MUSIC & CHOREOGRAPHY

- \$150 total per athlete



TIER 5 ELITE +

COMMITMENT

- 3 x trainings days per week
- Total of 6.5 hours training per week

PROJECTED KEY EVENTS*

- BLUE DEBUT SHOWCASE: Saturday 20th June (evening show)
- Competition 1: 26-28th June (AASCF WINTERFEST)
- Competition 2: 1-2nd August (CHEERBRANDZ SUPER STATES)
- **Competition 3: 14-16th August (CHEERCON STATES)
- **Competition 4: 18-20th September (AASCF STATES)
- Competition 5: 23-25th October (AASCF CLASSIC)
- **Competition 6: 7-8th November (AUSSIE GOLD STATES)
- SHOWCASE: Sunday 22nd November
- **Competition 7: 25-30th November (AASCF NATIONALS, QLD)
- 2026 Awards Gala: Friday 11th December 2026

*Subject to change if required

**Teams will compete both levels at these competitions. Up Level teams will compete at Nationals on a team by team basis

UNIFORM

- **NEW** Atomic 2026-2029 Junior Elite Uniform
- White trixstar cheer shoes
- Team Bow
- Atomic practice wear (crop & shorts)

2026 FEES

- Please see 'Tuition & fees' page

TEAMS OFFERED IN 2026



ANGELS

8-12 years old



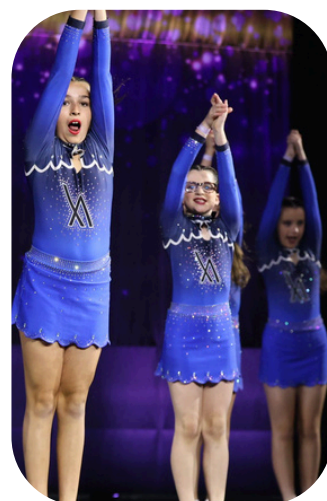
SHIMMER

11-16 years old



HALO

9-15 years old



TIER 5 TUITION & FEES



2026 ENROLMENT

\$99 Club Membership: 2026 Club T-shirt, Bow/Scrunchie & Personal Accident Insurance cover for the 2026 season

CHEER WEEKLY TUITION COST

TEAM NAME (TEAM TYPE)	TRAINING HOURS	YEARLY COST PAID PER WEEK
ANGELS (level 1 & 2)	6.5 HOUR	\$80 per week
HALO (level 1 & 2)	6.5 HOUR	\$80 per week
SHIMMER (level 3 & 4)	6.5 HOUR	\$80 per week
HALO (level 2 ONLY) AND SHIMMER (level 3 ONLY)	6.5 HOUR	\$80 per week
ELITE OPEN TEAM CROSSOVER (2 nd TEAM)	ADDITION 3.5 HOURS	\$25 per week
FLYERS CLASS	30 MINUTES	\$10 per week
UNLIMITED CHEER & DANCE	8+ HOURS	\$109 per week

Class tuition is a yearly cost paid via recurring weekly direct debit payments, in advance. Payments run for 46 consecutive weeks, including school holidays. The first payment will be processed on Monday 26th January. Please note that these payments represent equal portions of the total annual tuition fee rather than payment for classes delivered within each individual week during term. Classes missed due to competition, public holidays or other reasons may or may not have makeup classes scheduled, this is at the discretion of management on a class by class basis.

TIER 5 – JUNIOR ELITE +

ADDITIONAL COSTS APPAREL & SHOES

- Atomic Practice Wear (Crop & Shorts): \$118
- **NEW** 2026 Atomic Junior Elite uniform: \$350–450
- Team Bow – \$35
- White 'Triostar' shoes – \$169.95

BASE COMPETITION PACK

(Includes: comp entry for one routine, professional team photo & Nationals merch)

- Crossover comp fees additional cost TBA per athlete pending total # teams
- Installment one: \$375 due 1st March 2026
- Installment two: \$380 due 1st June 2026

MUSIC & CHOREOGRAPHY

- \$225 total per athlete



JUNIOR DANCE SEMI COMPETITIVE

STYLES

- Pom, Jazz & Hip Hop

COMMITMENT

- 1 hour training per style/1 day per week

PROJECTED KEY EVENTS*

- BLUE DEBUT SHOWCASE: Saturday 20th June (evening show)
- Competition 1: 1-2nd August (AASCF WINTERFEST)
- Competition 2: 18-20th September (AASCF STATES)
- Competition 3: 23-25th October (AASCF CLASSIC)
- SHOWCASE: Sunday 22nd November
- 2026 Awards Gala: Friday 11th December 2026

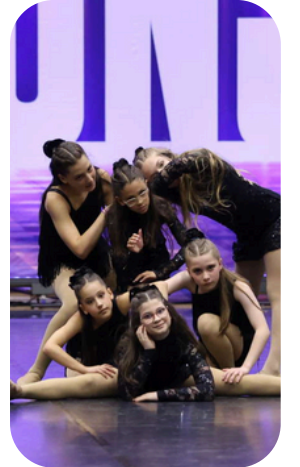
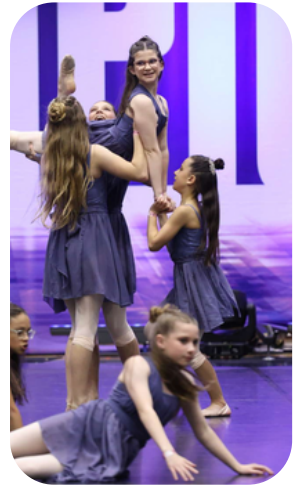
*Subject to change if required

UNIFORM

- TBC upon confirmation of dance styles

2026 FEES

- Please see 'Tuition & fees' page



TEAMS OFFERED IN 2026



AURA

8-16 years old



S.A.S

8-16 years old

TUITION & FEES



2026 ENROLMENT

\$99 Club Membership: 2026 Club T-shirt, Bow/Scrunchie & Personal Accident Insurance cover for the 2026 season

DANCE WEEKLY TUITION COST



TRAINING HOURS

YEARLY COST PAID PER WEEK

1 HOUR

\$22 per week

1.5 HOUR

\$28 per week

2 HOURS

\$33 per week

2.5 HOURS

\$35 per week

3 HOURS

\$36 per week

3.5 HOURS

\$38 per week

8+ HOURS

\$109 per week

8+ HOURS

\$109 per week

8+ HOURS

\$94 per week

UNLIMITED DANCE ONLY

UNLIMITED JUNIOR CHEER & DANCE

UNLIMITED NT & JUNIOR CHEER & DANCE

UNLIMITED NON TUMBLE CHEER & DANCE

Class tuition is a yearly cost paid via recurring weekly direct debit payments, in advance. Payments run for 46 consecutive weeks, including school holidays. The first payment will be processed on Monday 26th January. Please note that these payments represent equal portions of the total annual tuition fee rather than payment for classes delivered within each individual week during term. Classes missed due to competition, public holidays or other reasons may or may not have makeup classes scheduled, this is at the discretion of management on a class by class basis.

JUNIOR DANCE

ADDITIONAL COSTS

APPAREL & SHOES

- Costume \$TBC once teams are confirmed

BASE COMPETITION PACK

(Includes: comp entry for one team & professional team photo)

- Crossover comp fees additional cost TBA per athlete pending # styles selected
- Installment one: \$150 due 1st March 2026
- Installment two: \$150 due 1st June 2026

MUSIC & CHOREOGRAPHY

- \$50 per athlete



SENIOR DANCE SEMI COMPETITIVE

STYLES

- Pom, Jazz & Hip Hop

COMMITMENT

- 1 hour training per style/1 day per week

PROJECTED KEY EVENTS*

- BLUE DEBUT SHOWCASE: Saturday 20th June (evening show)
- Competition 1: 1-2nd August (AASCF WINTERFEST)
- Competition 2: 18-20th September (AASCF STATES)
- Competition 3: 23-25th October (AASCF CLASSIC)
- SHOWCASE: Sunday 22nd November
- 2026 Awards Gala: Friday 11th December 2026

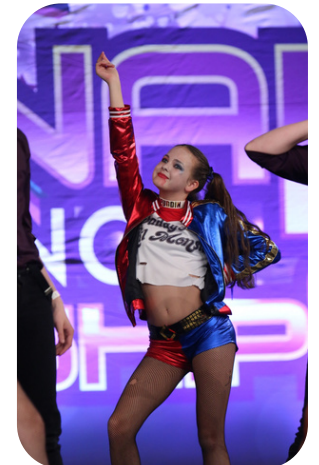
*Subject to change if required

UNIFORM

- TBC upon confirmation of dance styles

2026 FEES

- Please see 'Tuition & fees' page



TEAMS OFFERED IN 2026



BLUSH

11-18 years old



BLISS

11-18 years old

TUITION & FEES



2026 ENROLMENT

\$99 Club Membership: 2026 Club T-shirt, Bow/Scrunchie & Personal Accident Insurance cover for the 2026 season

DANCE WEEKLY TUITION COST



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YEARLY COST PAID PER WEEK

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SENIOR DANCE

ADDITIONAL COSTS APPAREL & SHOES

- Costume \$TBC once teams are confirmed

BASE COMPETITION PACK

(Includes: comp entry for one team & professional team photo)

- Crossover comp fees additional cost TBA per athlete pending # styles selected
- Installment one: \$150 due 1st March 2026
- Installment two: \$150 due 1st June 2026

MUSIC & CHOREOGRAPHY

- \$50 per athlete



OPEN DANCE ELITE COMPETITIVE

STYLES

- Pom, Lyrical, Jazz & Hip Hop

COMMITMENT

- 1 hour training per style/1 day per week

PROJECTED KEY EVENTS*

- BLUE DEBUT SHOWCASE: Saturday 20th June (evening show)
- Competition 1: 1-2nd August (AASCF WINTERFEST)
- Competition 2: 18-20th September (AASCF STATES)
- Competition 3: 23-25th October (AASCF CLASSIC)
- Competition 4: 7-8th November (AUSSIE GOLD STATES)**
- SHOWCASE: Sunday 22nd November
- Competition 5: 25-30th November (AASCF NATIONALS QLD)**
- 2026 Awards Gala: Friday 11th December 2026

*Subject to change if required

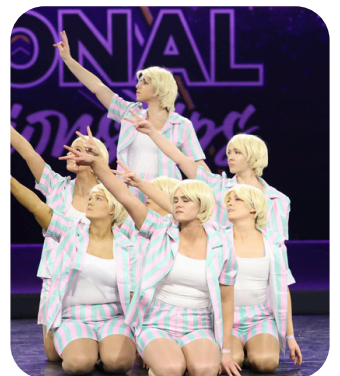
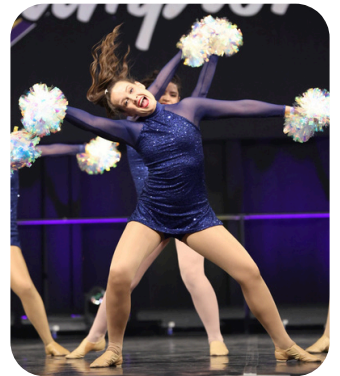
** Teams performing at Aussie Gold States & AASCF Nationals will be determined on a team by team basis

UNIFORM

- TBC upon confirmation of dance styles

2026 FEES

- Please see 'Tuition & fees' page



TEAMS OFFERED IN 2026



GALAXY

18+ years old



DYNASTY

15+ years old



SMACK

15+ years old



TEMPEST

15+ years old



VICTORIOUS

15+ years old

TUITION & FEES



2026 ENROLMENT

\$99 Club Membership: 2026 Club T-shirt, Bow/Scrunchie & Personal Accident Insurance cover for the 2026 season

DANCE WEEKLY TUITION COST



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YEARLY COST PAID PER WEEK

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OPEN/ADULT DANCE

ADDITIONAL COSTS

APPAREL & SHOES

- Costume \$TBC once teams are confirmed

BASE COMPETITION PACK

(Includes: comp entry for one team, professional team photo & Nationals merch)

- Ranging from \$385-\$565 pending comps selected by each team
- Crossover comp fees additional cost TBA per athlete pending # styles selected
- Installment amounts TBA per athlete pending # styles & comps selected
- Installment one: due 1st March 2026
- Installment two: due 1st June 2026

MUSIC & CHOREOGRAPHY

- \$50 per athlete



2026 CALENDAR



JANUARY 27	FIRST DAY OF TERM 1
MARCH 9	CLOSED LABOUR DAY PUBLIC HOLIDAY
DATE TBC	SPRING TUMBLING CHOREOGRAPHY CLINIC
APRIL 2	LAST DAY OF TERM 1
APRIL 20	FIRST DAY OF TERM 2
APRIL 20	FIRST DAY OF TERM 2
APRIL 25	ANZAC DAY PUBLIC HOLIDAY
DATE TBC	ROUTINE CHOREOGRAPHY CLINIC
JUNE 8	KINGS BIRTHDAY PUBLIC HOLIDAY
JUNE 20	THE BLUE DEBUT - ATOMIC MID YEAR SHOWCASE 6-8pm TIER 1-5
JUNE 26	LAST DAY OF TERM 2
JUNE 26-28	AASCF WINTERFEST TIER 4 & 5
JULY 13	FIRST DAY OF TERM 3
AUGUST 1-2	CHEERBRANDZ SUPER STATES TIER 4 & 5
AUGUST 14-16	CHEERCON STATES TIER 2,3,4,5
SEPTEMBER 18	LAST DAY OF TERM 3
SEPTEMBER 18-20	AASCF STATES TIER 3,4,5
OCTOBER 5	FIRST DAY OF TERM 4
OCTOBER 23-25	AASCF CLASSIC TIER 2,3,4,5
NOVEMBER 3	CLOSED MELBOURNE CUP PUBLIC HOLIDAY
NOVEMBER 7-8	AUSSIE GOLD STATES TIER 2,3,4,5
NOVEMBER 22	ATOMIC END OF YEAR SHOWCASE TIER 1-5
NOVEMBER 25-30	AASCF NATIONALS (QLD) TIER 4,5
DECEMBER 11	2026 ECDA AWARDS GALA
DECEMBER TBC	ATOMIC 2026 TEAM PLACEMENT SESSIONS
DECEMBER 12	LAST DAY OF TERM 4

EXPECTATIONS & GUIDELINES

ATTENDANCE

Members of semi & elite competitive squads are required to have a high level of dedication to their team/s. As such, athletes are expected to attend every practice. Absences will be reviewed on an individual basis, however any more than **3 absences** without a valid explanation will be highly frowned upon and may result in changes to the athletes routine, or removal from choreography altogether. A master absence log will be kept throughout the year for record of all absences and the nature of each absence.

EXCUSED absences include but are not limited to:

- Family bereavement
- School related function that reflects a grade (e.g Final Exam)
- A contagious illness with a doctor's certificate

UNEXCUSED absences include but are not limited to:

- Work commitments
- Sickness, cramps
- Formals, birthday parties, concerts, family gatherings etc
- School projects/homework or test revision
- School sports practices or other events
- Holidays
- Appointments
- Withholding child from training as a form of punishment

PLANNED ABSENCES

If you/your athlete are planning to be away, we kindly ask that you notify the club by completing our absence form, which can be found on our website under the "2026 Information" tab. This will allow us to plan and ensure that all of our staff are notified.

Athletes MAY NOT be absent from training in the TWO weeks before a competition or from choreography clinic and may result in changes to the athletes routine, or removal from choreography altogether.

HEALTH & WELLBEING

While every care is taken to maintain the safest environment possible, parents and athletes need to note that cheerleading is a highly competitive and potentially dangerous sport, injuries do occur from time to time.

CONT. NEXT PAGE

EXPECTATIONS & GUIDELINES

HEALTH & WELLBEING CONT.

The coach in charge will assess any athlete that is injured during training and the appropriate course of action will be taken. If deemed necessary, an ambulance will be called immediately. Any associated charges will be the responsibility of the athlete/parent. As such, Atomic Allstars Cheer highly recommends that every athlete have Ambulance Cover at all times. If deemed necessary, a parent or emergency contact will be called to pick up the athlete and seek medical advice (doctor, physio, etc.). If deemed appropriate, an athlete will be allowed to return to training after taking a time out.

If an athlete suffers a short-term injury whereby they cannot participate in general training, they will still be expected to attend every training session and participate where appropriate (e.g. strength/conditioning, choreography, etc). If an athlete suffers a long-term injury, they may be replaced as needed by a fill-in athlete for the required number of competitions. An athlete with a long-term injury must discuss with their coach an appropriate time to return to training once their injury has healed. A doctor's certificate may be required. If any athlete is injured outside of training please notify reception immediately so your coach can plan for any training absences.

All athletes will have a Medical Form & Waiver to fill in as part of your membership forms. If any medical information changes throughout the year, reception must be notified in writing by emailing info@atomiccheerleading.com.au. If Atomic Allstars Cheer is not made aware of updated medical information we cannot be held responsible for lack of treatment or any wrongly administered treatments.

If you/your child would like to keep medication (eg. epipen) on site for any on-going conditions, please make sure all medication is clearly labelled with name & instructions.

BULLYING POLICY

Atomic Allstars Cheer has a **ZERO** tolerance for bullying.

Any athlete found to be engaging in bullying by any means, including but not limited to in person, via message or via social media, towards other athletes within the gym will be treated according to the following procedure:

- First offence: Meeting and formal warning.
- Second offence: 1 week suspension from the gym.
- Third offence: Indefinite suspension from training. A meeting will be held with the relevant parties (eg. parents) to see when and if the athlete returns to training at Atomic.

If your ban coincides or interferes with a competition, you will be replaced for that competition.

EXPECTATIONS & GUIDELINES

SPORTSMANSHIP/CONDUCT

All athletes AND parents must always:

1. Set a positive example for others to follow
2. Be respectful and courteous to everyone
3. Refrain from gossiping or any form of verbal or physical confrontation
4. Refrain from celebrating the misfortune or defeat of another person, team or program
5. Accept team placements and awards with dignity and class
6. Schedule an appointment to speak with an owner & coach to discuss any issues.

DRESS CODE

All athletes must wear appropriate attire to every training session. This may include designated practice wear. Coaches will address each team at the beginning of each term to discuss what is, and what is not, appropriate attire for each particular class, as well as designated practice wear, if any.

Athletes must have long hair tied back off the face for all classes unless specified otherwise by the coach. Athletes must remove all jewellery (including earrings) prior to each training session. Fingernails must be kept short at all times (includes no long, fake nails). Athletes must not wear any cheer/dance shoes that are used during class to or from ECDA, as outside dirt damages training floors and other equipment.

UNIFORMS AND MERCHANDISE

- The Atomic name, team names & logos are not to be used for any custom made merchandise, apparel or products without express written consent from the owners.
- No modifications are to be made to any Atomic apparel, this includes but is not limited to adding transfers, and patches.
- Competition uniforms are for official functions and competitions only, they are not to be worn at outside events (e.g. themed parties).

OTHER

- The sale or distribution of any outside products is not allowed at ECDA without permission from an owner.
- Any athlete over the age of 18 found supplying drugs, tobacco or alcohol to underage athletes will face dismissal from the program
- Travel competitions are for athletes, staff & family only. No boyfriends/girlfriend will be allowed to accompany under 18 athletes to overnight competitions.

EXPECTATIONS & GUIDELINES

FACILITY CONDUCT

- No food, gum or soft drinks are permitted in the gym area other than strictly within the athlete's kitchen. Only water & sports drinks are allowed within the gym.
- All bags that are brought into the gym MUST be stored in the cubbies. NO bags are to be left on or in front of the floors.
- All drink bottles are to be stored on the designated tables during training, no bottles or belongings are to be left on the floors.
- All personal items must be taken with you at the end of class, please don't leave items lying around the gym.
- Respect the privilege of the use of ECDA and its facilities. Eg. Do not leave rubbish lying around.

TRAINING AND COMPETITION CONDUCT

- Practices may be added or changed at any time during the season with notice.
- Parents, relatives, friends and cheerleaders are prohibited from speaking with competition officials for any reason.
- Anyone threatening to quit or pull his or her child from a team for any reason will be dismissed from the program immediately.
- Exhibit good sportsmanship in our gym and at all events.
- Designated practice wear must be worn to requested sessions.
- Always show respect for coaches, teammates, other Atomic Allstars Cheer athletes, parents, judges, official, spectators and opposing teams/parents.
- During practice individual opinions will not be taken into consideration. All squad and routine decisions are left to the discretion of the coaches.
- Each season many teams will go through losses and additions of team members. The dismissal/ addition of a team member is solely at the coach's discretion.
- Athletes are required to attend ALL competitions.
- Be modest when successful and be gracious in defeat.
- Demonstrate good sportsmanship before, during and after competitions.
- Encourage good sportsmanship by demonstrating positive support for all athletes, coaches, fans and judges during all practices & competitions
- No fake nails or dyed hair (unnatural colours) at competitions.
- No jewellery allowed at practice or competitions. All piercings must be removed, they cannot be taped.
- Atomic Allstars Cheer must be your first priority above high school sport, etc.
- The use of drugs, tobacco or alcohol is prohibited at training or competitions
- The use of abusive language or behaviour is prohibited at training or competitions

EXPECTATIONS & GUIDELINES

TRAINING AND COMPETITION CONDUCT CONT.

- Any injury that requires during or outside of training may require clearance by a doctor for the athlete to participate in training again. Your coach must sign the clearance. The clearance must specify the injury that is healed and that a return to vigorous physical activity is allowed.

SOCIAL MEDIA

Atomic acknowledges that our community wants to contribute content to social platforms such as Facebook, Instagram, Snapchat, Tik Tok etc. However, as inappropriate use of these platforms can cause irreparable damage to all parties, the following rules apply:

- The Atomic community must not share content or participate in any behaviour that does not align with our values, whilst wearing Atomic apparel or representing Atomic in anyway.
- The Atomic community are not permitted to create private groups/chats outside of the official team Facebook pages, if group chats/private Facebook groups are created disciplinary action may be taken. This includes but is not limited to suspension from training or removal from the program. This applies to both athletes and their parents/guardians.
- No athlete or parent may post inappropriate messages relating to Atomic Allstars Cheer, another program or an individual on any social media site including but not limited to Facebook, Instagram, TikTok Twitter, etc.
- No Atomic Allstars Cheer team videos are allowed to be posted on websites including but not limited to Facebook, Instagram, TikTok, YouTube, etc. without permission.
- The Atomic name, team names & logos are not to be used on any websites or social media sites (including as social media handles) without express written consent from the owners.
- The Atomic community are to refrain from direct messaging staff via social media more than 1 hour outside of your scheduled class time

PAYMENT PROCEDURES

Payments can be made at reception via cash or EFTPOS. Tuition is required to be managed via scheduled direct debits. We do not accept cheques. All class tuition, enrolment and competition bundle costs are non-refundable in the event of injury, sickness, dismissal, and non-attendance of classes by the athlete or discontinuation of a squad.

The Base Competition Fee Pack for your squad will be billed separately via an invoice however this can be added to your direct debit upon request. Atomic Allstars Cheer is not responsible for reimbursing travel expenses, competition fees or term fees to an athlete who is injured, sick, moved or dismissed from a team.

ATTENTION: JOINING AN ALLSTAR PROGRAM INCLUDES COMMITTING TO A FULL YEAR OF CLASSES & TUITION. FEES ARE NOT REFUNDABLE UNDER ANY CIRCUMSTANCES. PLEASE READ THE FOLLOWING TERMS SO YOU CAN MAKE AN INFORMED DECISION.

Enrolment fee MUST be paid upon commencing classes and a tuition Debit form completed by all customers prior to the commencement of their first class (with the exception of a free trial class). A tuition debit form is required to be completed at enrolment covering all tuition costs for the year up to and including December 2026. Athletes enrolling during the year will be required to pay fees from the month they join onwards with a reduction for their joining month (i.e. enrolling 15th April will mean April's payment will be 50% off the full monthly amount).

Payment plans require weekly direct debit payments for tuition. (fortnightly or monthly available upon request). Class tuition is a contract formed upon submission the enrolment document with direct debit payment agreement or pay upfront agreement. The contract start date is the date of recorded by the digital submission of the enrolment document by the customer who submits that form. The contract expires on the 31st of December 2026 OR once the full amount owed is paid. As part of our class tuition contract we allow a 21-day cooling off period from the class commencement date for customers to choose to cancel their tuition contract without any repercussions. After the 21-day period, customers have a legal obligation to fulfil their contract; all costs must be paid in full. Athletes may be released from the tuition contract early upon agreement with management and payment of a re-choreography fee in lieu of fulfilling the full financial terms of the contract.

FIRST YEAR CHEERSPORT & CHEERSPORT+ ATHLETE EXCEPTION: The tuition contract for first year cheersport/ cheersport+ athletes allows for an extended cooling off period. These athletes must advise us in writing by no later than the Thursday 21st of March that they wish to cancel their tuition contract without any repercussions. After this date, first year semi competitive customers have a legal obligation to fulfil their contract; all costs must be paid in full.

Scheduled payments that fail to transact or bounce will result in a temporary loss of service to the athletes: they will be gently re-moved from classes until the payment is made. Failed payments will incur an automatic \$21.90 Failed Payment Fee. In addition to this each dishonoured debit payment will also attract a \$10 administration fee from Atomic to cover the time spent chasing up missed payments. If outstanding payments continue to fail to the point that we are required to pass the debt onto a debt collector, all debt collectors' fees will be added on top of the outstanding amount owed. In the event of serious injury or severe illness, debit payments may be suspended for athletes who are incapable of attending training for a period of time longer than 4 weeks. To suspend your payments, a suspension form will need to be filled in and submitted to the office to be approved along with a medical certificate outlining the terms of the reason for suspension including length of time.

Payment suspension requests cannot be backdated and can only be approved at the discretion of the Atomic Management team.

WELCOME TO ATOMICALLSTARS

We are so thrilled to have you join
us for our 2026 season.



CONTACT US

Atomic Allstars Cheer

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☎ 0488 424 259

<http://www.atomiccheerleading.com.au>

✉ info@atomiccheerleading.com.au

📷 @atomicallstarscheer